

movita's slow cooker chicken noodle soup

recipe: movita

- . 6-8 skinless, boneless chicken thighs
- . 5 carrots, peeled and chopped into 1 inch pieces
- . 4 stalks of celery, chopped into 1/2 inch pieces
- . 1 medium onion, chopped into large pieces
- . 2 cloves of garlic, chopped into small bits
- . 2 bay leaves
- . 1 wee pot of Knorr Homestyle Stock: Chicken, or bouillon of your choice
- . 1/4 teaspoon pepper
- . 7 cups water
- . 3/4 cup mini pasta

Put all of the above – except the mini pasta – in your slow cooker. Cook on low for about 7-8 hours – on high it would be about 1/2 the time. About 20 minutes before serving, when chicken is well and thoroughly cooked, remove the chicken from pot with a slotted spoon and shred with two forks. Return chicken to slow cooker. Increase heat to high if you've been on the low setting. Add small pasta, and cook for about 15-20 additional minutes.

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